



ONTARIO BALL HOCKEY FEDERATION

2025 OBHF Women's U22 Summer Provincials Rules & Regulations

The Mississauga Minor Ball Hockey League will be hosting the 2025 Women's U22 Summer Provincials in Mississauga, Ontario on July 11-13, 2025.

ZERO ALCOHOL TOLERANCE

Each team is responsible to help us enforce NO DRINKING in the dressing rooms and in the parking lot. We must follow the Mississauga bylaws.

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CHECK-IN PROCEDURES FOR COACHES/MANAGERS AND PLAYERS

- *Team manager/coach must check in with the OBHF Representative/Arena Captain before each game.
- *Team manager/coach is responsible for completing the electronic game sheet at a minimum of 20 minutes prior to every game.
- *All players must check in with the OBHF Representative/Arena Captain to register prior to the player's first game.
- *Coaches must provide weekend contact phone number and reliable email address to OBHF Representative/Arena Captain

**ALL PLAYERS MUST BRING PHOTO IDENTIFICATION AND PROOF OF AGE
(DIGITAL COPIES ACCEPTED) TO THE EVENT IN ORDER TO REGISTER.
NO EXCEPTIONS!!!**

**Once registered with the OBHF Representative/Arena Captain, each player will receive a wristband that must remain on for the duration of the event.*

ROSTER

OBHF allows teams to register 22 players of which two (2) must be goalies. Only 18 players and 2 goalies may dress in a game. Teams may **NOT** dress 19 players and 1 goalie!!

The "Team Roster Form" on Page 11 must be completed by all teams. It **MUST** be provided to Lino at lino@ontarioballhockeyfederation.ca by **Friday, July 4, 2025 at midnight!!**

AFFILIATE PLAYERS (APs)

At the Provincial Championships, teams are permitted to add to their team a maximum of four (4) players, of which one (1) must be a goaltender.

The "Team Pickup Form" on Page 12 **MUST** be provided to Lino at lino@ontarioballhockeyfederation.ca by **Friday, July 4, 2025 at midnight!!**

PLAYER ELIGIBILITY

Players are required to register and play in one (1) preliminary/round robin game to be eligible for elimination, quarter-final, semi-final or final games.

Any player serving an **OBHF multi-game** which would carry into the Provincial event, **MUST** serve all remaining games with the player's original team prior to participating.

WARM UP & GAME LENGTH

- *Three (3)-minute warmup.
- *Games will be three (3) 10-minute stop time periods.
- *There will be no overtime in preliminary/round robin play; however, a shoot out will occur (See "Shoot Out for Preliminary/Round Robin Games")

POINTS ALLOCATION

Three (3) points will be awarded to the game winning team following the regular game time, zero (0) points to the losing team and one (1) point to each team in the event of a tied game following regular game time.

SHOOT OUT for PRELIMINARY/ROUND ROBIN GAMES

If game is tied at end of regulation, a 3-player shoot out will occur. Teams **DO NOT** change ends.

The "home" team designated on the game sheet will have the option to shoot first or second.

A player serving a penalty following the three (3) periods will be deemed ineligible for the shoot out and must remain in the penalty box.

If still tied following the 3-player shoot out, the shoot out will continue one player at a time until a winner is declared.

Teams must exhaust their roster before a player may shoot a 2nd time. Once a team has exhausted their full roster, the other team may commence shooting a 2nd time thereby not having all players participate in the shoot out,

The winning team will earn an additional one (1) point.

If a team wins by more than a 7-goal spread, the official score will not be recorded with more than a 7-goal difference. (Examples: A 10-0 victory will be recorded as 7-0; a 10-1 victory will be recorded as 8-1).

GAME SHEETS

Electronic game sheets will be utilized for all OBHF Provincial events. Managers will be responsible for 'checking in' their players and staff at least 20 minutes prior to game at the sign-in table.

EARLY START UP

All teams **MUST** be available to play 15 minutes prior to scheduled start time.

MERCY RULE

*All games (preliminary, round robin, semi-final and final) will have a mercy rule in play.

*Should a team have a **five (5) goal lead in the third period only**, the clock will be running time until the deficit by the losing team has been lowered to four (4) goals.

*The clock will stop following the 5th goal differential and then running time will commence once the ball is dropped by the official.

*Should a minor penalty be called during a run clock situation, it remains a 2-minute penalty, not a 3-minute penalty.

TIMEOUTS

*Teams are allowed two (2) 30-second timeouts per game, but not in the same period. Any unused timeouts do not carry over to the final period or overtime.

*Teams are allowed one (1) 30-second timeout per overtime (OT) period.

UNIFORMS

*Each team must carry one (1) set of long-sleeved jerseys.

*It is the responsibility of the designated **HOME** team to change in case of any colour conflicts.

All uniforms must be of matching jerseys (numbers and logos included). Pants/shorts must be of the same base colour. Any player not in proper uniform must retire to the dressing room.

Note: A set of same base colour jerseys, but not matching, is NOT acceptable.

The non-offending team may ask the officials to send the player to the dressing room should they not have a matching jersey.

TIE-BREAKING PROCEDURES

1. Most Points
2. Most Wins
3. If two (2) teams tied, winner between tied teams when they played head-to-head.
Does not apply if more than two (2) teams are tied.
4. Percentage as calculated by dividing team's total "Goals For" by the SUM of the team's "Goals For" and "Goals Against". $TGF / (GF+GA) = \%$
5. Goal Differential (plus or minus)
6. Most Goals For
7. Least Goals Against
8. First goal scored (period, time) in preliminary/round robin
9. Fewest Penalty Minutes
10. Coin Toss

Follow tie-breaking rules in order.

Once a tie-breaking rule has been used or is not applicable, it cannot be used again.

ELIMINATION, QUARTER-FINAL, SEMI-FINAL AND FINAL GAMES

Three (3) 10-minute stop time periods in length.

If tied following the three (3) 10-minute stop time periods, a 10-minute sudden victory overtime will occur. Teams **DO NOT** change ends. If still tied following the 10-minute sudden victory overtime period, a five (5) player shoot out will occur.

A player serving a penalty following the overtime period will be deemed ineligible for the shoot out and must remain in the penalty box.

The "Home" team designated on the game sheet will choose to shoot first or second.

Five shooters from each team will shoot. The highest overall score from the five shooters wins. If tied after the five shooters, the shoot out will continue with sudden victory one shooter at a time. Teams must exhaust their roster before a player may shoot a 2nd time. Once the team has exhausted their full roster, the other team may commence shooting a 2nd time.

TEAM PERFORMANCE

Any actions by players, coaches, team affiliates or followers that are detrimental to the sport will not be tolerated. Such behaviour by those responsible may result in fines or administrative recourse through suspension, up to and including **removal from all facilities**.

MANDATORY EQUIPMENT

All teams are reminded that CBHA policy regarding equipment will be strictly enforced.

Players **MUST** wear:

- *CSA approved helmet

- *Protective ice hockey gloves are mandatory. The use of palm-less hockey gloves are prohibited.

- *Identical matching jersey with same base-coloured pants/shorts.

Goalkeepers **MUST** wear:

- *CSA approved helmet and cage (no “CATS EYE” facial protection)

- *CSA approved catcher, blocker, pads, chest protector and hockey pants

- *Identical matching jersey or same base-coloured jersey

****Shin pads are MANDATORY for all OBHF Tournaments****

- *Shin pads made for ball hockey, and ‘soccer-style’ shin guards, are permitted and no longer require to be covered.

- *Hockey Sticks – any hockey stick constructed for retail purposes (ie. One piece, aluminum with replacement blades, or wooden hockey sticks)

- *Blade Protectors of any form (picture for reference), are NOT permitted.



- *In adult games, J-clips and visor clips or frames without the visor attached, are NOT permitted and must be removed or the visor re-inserted



PENALTIES

*Any player that receives three (3) penalties in a game will be ejected. (NOTE: Four (4) minute minors for stick infractions will only be counted as one infraction towards game ejection.)

SUSPENSIONS

Game Misconducts, Gross Misconducts or Match Penalties: games to be served in perpetuity at Provincials and/or National events. Further discipline **MAY** result at the local level as determined by the OBHF.

HANDSHAKES

Teams will shake hands before each game.

STANDINGS & SOCIAL MEDIA

Scores/Standings will be available at www.ggts.ca and www.ontarioballhockeyfederation.ca

Paper result boards and scores will be available at headquarters.

EVENT MERCHANDISE

Will be available at this event.

DEFAULTS

*Any team defaulting a game will have all of its registered players suspended from OBHF and CBHA tournaments for one year.

*A default will automatically disqualify the team from the event.

*In an instance where a team defaults a game, all games against that team will be recorded as a 7-0 victory for the non-offending team.

PROTESTS/APPEALS PROCESS

The OBHF is the governing body of recreational and competitive men's, minors and women's ball hockey in the Province of Ontario and aligns with the Canadian Ball Hockey Association (CBHA) best practices.

The appeal application form **must be submitted no later than 60 (sixty) minutes** after the completion of the game in question. That time will be determined by the electronic game sheet time stamp.

The non-refundable application fee is \$100 for a written/reviewed appeal with no hearing and a decision to be rendered via email.

There is a fee of \$200 for an in-person or teleconference hearing (cash, e-transfer or credit card) and must be received with the Application Form. This fee will cover costs associated with the review panel (administrative fees, compensation for their time, fuel, etc) and will **NOT** be refunded, regardless of the decision.

The one exception is that there will be no appeal fee if it is found that there was a misapplication of the rules in question. The Federation will review the incident and apply the correct rule associated with the infraction with cost to the player/team in question.

The forms can be found online at <https://ontarioballhockeyfederation.ca/appeal-process/>

TOURNAMENT CONTACTS

OBHF Women's VP

Beth Brotherstone – 416-452-7330

Referee-in-Chief

Phil Willard – phil@ontarioballhockeyfederation.ca

Tournament Director - Gina MacLean

Fair play and sportsmanship are encouraged for all of the competing teams.

**Good luck to all of the teams in the
2025 OBHF Women's U22 Summer Provincials.**



ONTARIO BALL HOCKEY FEDERATION

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Format

Three (3) Teams

Teams will play double round robin.
Top two (2) teams advance to Final game.

Fair play and sportsmanship are encouraged for all of the competing teams.

**Good luck to all of the teams in the
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Arena Information

**PARAMOUNT FINE FOODS CENTRE
(Headquarters)
5500 Rose Cherry Place
Mississauga, ON L4Z 4B6**

**ERIN MILLS TWIN ARENA
3205 Unity Drive
Mississauga, ON L5L 4L5**



ONTARIO BALL HOCKEY FEDERATION

2025 OBHF Women's U22 Summer Provincials

Hotel Information

https://secure.htgsports.com/registration.nsf/BTSRP_EventAccess?OpenForm&eventid=D1E712AF21379B0085258BD20073E263&pvw=0&lang=en

Fair play and sportsmanship are encouraged for all of the competing teams.

**Good luck to all of the teams in the
2025 OBHF Women's U22 Summer Provincials.**

Please be advised that it is illegal to consume alcoholic beverages and smoking is prohibited in any municipal building including hockey arenas and/or arena parking lot.

If an individual or team is caught consuming alcohol, smoking or barbequing in a municipal building (arena) or arena parking lot, he/they will be disqualified from this tournament without an appeal.

There is ZERO tolerance.

Please respect your surroundings.

We thank you for your cooperation.





ONTARIO BALL HOCKEY FEDERATION

2025 OBHF Women's U22 Summer Provincials Team Roster Form

TEAM NAME:
LEAGUE:
*LEAGUE COORDINATOR: (print)
*LEAGUE COORDINATOR: (sign)
<i>League Coordinator must approve roster by printing and signing before it is handed into the OBHF.</i>

NAME	BIRTH YEAR	HOME TOWN
1.(Goalie)		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22. (Goalie)		
STAFF	PHONE NUMBER	EMAIL
Coach:		
Manager:		
Assistant:		
Assistant:		
Assistant:		

Once team rosters are handed in, they are FINAL!
Deadline to be in the OBHF OFFICE – Friday, July 4, 2025 at Midnight!!



2025 OBHF Women's U22 Summer Provincials

Team Pickup Form (for non all-star teams only)

NAME OF TEAM:
LEVEL/DIVISION:
LEAGUE:
*LEAGUE COORDINATOR: (print)
*LEAGUE COORDINATOR: (sign)

***League Coordinator must approve pickups before it is handed into the OBHF**

PLAYER NAME	BIRTH YEAR	TEAM REGISTERED WITH	HOME TOWN
1.			
2.			
3.			

**This area is reserved only for a goalie who played in your division.
It CANNOT be used as a 4th player.**

GOALIE NAME	BIRTH YEAR	TEAM REGISTERED WITH	HOME TOWN
1.			

***Players who play both player and goalie may only be a pickup as either a player or a goalie. The player cannot play both positions in the tournament.**

Once Team Pick Up Forms are handed in, they are final!

Team Pick Up Forms must be submitted to Lino at

lino@ontarioballhockeyfederation.ca

by Friday, July 4, 2025