



# ONTARIO BALL HOCKEY FEDERATION

## 2025 OBHF Men's Winter Provincial Championships Rules & Regulations

The Ontario Ball Hockey Federation (OBHF) will be hosting the 2025 Men's Winter Provincial Championships in Oshawa, Ontario on May 23-25, 2025.

### **ZERO ALCOHOL TOLERANCE**

*Each team is responsible to help us enforce NO DRINKING in the dressing rooms and in the parking lot. We must follow the Oshawa bylaws.*

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## **CHECK-IN PROCEDURES FOR COACHES/MANAGERS AND PLAYERS**

- \*Team manager/coach must check in with the OBHF Representative/Arena Captain before each game.
- \*Team manager/coach is responsible for completing the electronic game sheet at a minimum of 20 minutes prior to every game.
- \*All players must check in with the OBHF Representative/Arena Captain to register prior to the player's first game.
- \***Coaches must provide weekend contact phone number and reliable email address to OBHF Representative/Arena Captain**

**ALL PLAYERS MUST BRING PHOTO IDENTIFICATION AND PROOF OF AGE (DIGITAL COPIES ACCEPTED) TO THE EVENT IN ORDER TO REGISTER. NO EXCEPTIONS!!!**

*\*Once registered with the OBHF Representative/Arena Captain, each player will receive a wristband that must remain on for the duration of the event.*

## **ROSTER**

OBHF allows teams to register 22 players of which two (2) must be goalies. Only 18 players and 2 goalies may dress in a game. Teams may **NOT** dress 19 players and 1 goalie!!

The "Team Roster Form" on Page 11 must be completed by all teams. It **MUST** be provided to Lino at lino@ontarioballhockeyfederation.ca by **Friday, May 16, 2025 at midnight!!**

## **PICK UP PLAYERS**

At the Provincial Championships, teams are permitted to add to their team a maximum of four (4) players, of which one (1) must be a goaltender. To be eligible as a 'pick up', a player must be registered with the **same league and play in the same division.**

The "Team Pickup Form" on Page 12 **MUST** be provided to Lino at lino@ontarioballhockeyfederation.ca by **Friday, May 16, 2025 at midnight!!**

## **NOTES:**

- \* Players who are registered with a Championship team must compete with that team.
- \* Teams may NOT go over the maximum allowance of A/B players including pick ups (See Player Eligibility section)

## **TEAM & PLAYER ELIGIBILITY**

Players are required to register and play in one (1) preliminary/round robin game to be eligible for elimination, semi-final or final games.

A player may only participate with one team, in one division, in the tournament.

Players are classified by the highest level of play in the 2024 summer season only. Players may play in all levels within the guidelines below. Be sure to read the division that pertains to your team.

No "A" players can be picked up from other rosters.

- \* "B" – Any player may play. Zero (0) "A" players permitted.
- \* "C" – Any player may play. Zero (0) "A" players permitted.
- \* "D" – Any player may play. Zero (0) "A" players permitted.
- \* "REC" – Any player may play. Zero (0) "A" players permitted.

NOTE: Once a player plays at a higher level and your team is over the maximum allowance, the said player will automatically be deleted/removed from the roster.

### **WARM UP, GAME LENGTH, & POINTS ALLOCATION**

- \*Three (3)-minute warmup.
- \*Games will be three (3) 10-minute stop time periods.
- \*There will be no overtime in preliminary/round robin play. Games can end in a tie.
- \*Two (2) points will be awarded to the game winning team, zero (0) points to the losing team and one (1) point to each team in the event of a tie game.

**If a team wins by more than a 7-goal spread, the official score will not be recorded with more than a 7-goal difference. (Examples: A 10-0 victory will be recorded as 7-0; a 10-1 victory will be recorded as 8-1).**

### **GAME SHEETS**

Electronic game sheets will be utilized for all OBHF Provincial events. Managers will be responsible for 'checking in' their players and staff at least 20 minutes prior to game at the sign-in table.

### **EARLY START UP**

All teams **MUST** be available to play 15 minutes prior to scheduled start time.

### **MERCY RULE**

- \*All games (preliminary, round robin, semi-final and final) will have a mercy rule in play.
- \*Should a team have a **five (5) goal lead in the third period only**, the clock will be running time until the deficit by the losing team has been lowered to four (4) goals.
- \*Should a minor penalty be called during a run clock situation, it remains a 2-minute penalty, not a 3-minute penalty.

### **TIMEOUTS**

- \*Teams are allowed two (2) 30-second timeouts per game, but not in the same period. Any unused timeouts do not carry over to the final period or overtime.
- \*Teams are allowed one (1) 30-second timeout per overtime (OT) period.

## **UNIFORMS**

\*Each team must carry one (1) set of long-sleeved jerseys.

\*It is the responsibility of the designated **HOME** team to change in case of any colour conflicts.

**All uniforms must be of matching jerseys (numbers and logos included). Pants/shorts must be of the same base colour. Any player not in proper uniform must retire to the dressing room.**

**Note: A set of same base colour jerseys, but not matching, is NOT acceptable.**

The non-offending team may ask the officials to send the player to the dressing room should they not have a matching jersey.

## **TIE-BREAKING PROCEDURES**

1. Most Points
2. Most Wins
3. If two (2) teams tied, winner between tied teams when they played head-to-head.  
Does not apply if more than two (2) teams are tied.
4. Percentage as calculated by dividing team's total "Goals For" by the SUM of the team's "Goals For" and "Goals Against".  **$TGF / (GF+GA) = \%$**
5. Goal Differential (plus or minus)
6. Most Goals For
7. Least Goals Against
8. First goal scored (period, time) in preliminary/round robin
9. Fewest Penalty Minutes
10. Coin Toss

Follow tie-breaking rules in order.

Once a tie-breaking rule has been used or is not applicable, it cannot be used again.

## **ELIMINATION, SEMI-FINAL AND FINAL GAMES**

Three (3) 10-minute stop time periods in length.

If tied following the three (3) 10-minute stop time periods, a 10-minute sudden victory overtime will occur. Teams **DO NOT** change ends. If still tied following the 10-minute sudden victory overtime period, a five (5) player shoot out will occur.

A player serving a penalty following the overtime period will be deemed ineligible for the shoot out and must remain in the penalty box.

The "Home" team designated on the game sheet will choose to shoot first or second.

Five shooters from each team will shoot. The highest overall score from the five shooters wins. If tied after the five shooters, the shoot out will continue with sudden victory one shooter at a time. Teams must exhaust their roster before a player may shoot a 2<sup>nd</sup> time. Once the team has exhausted their full roster, the other team may commence shooting a 2<sup>nd</sup> time.

## **TEAM PERFORMANCE**

Any actions by players, coaches, team affiliates or followers that are detrimental to the sport will not be tolerated. Such behaviour by those responsible may result in fines or administrative recourse through suspension, up to an including **removal from all facilities**.

## **MANDATORY EQUIPMENT**

All teams are reminded that CBHA policy regarding equipment will be strictly enforced.

Players **MUST** wear:

\*CSA approved helmet

\*Protective ice hockey gloves are mandatory. The use of palm-less hockey gloves are prohibited.

\*Identical matching jersey with same base-coloured pants/shorts.

\*Half visor/shield frames or visor clips must be removed if a cage or visor is not being used.

Goalkeepers **MUST** wear:

\*CSA approved helmet and cage (no "CATS EYE" facial protection)

\*CSA approved catcher, blocker, pads, chest protector and hockey pants

\*Identical matching jersey with same base-coloured pants/shorts.

**\*\*Shin pads are MANDATORY for all OBHF Tournaments\*\***

\*Only shin pads made for ball hockey are permitted and no longer require to be covered.

\*Hockey Sticks – any hockey stick constructed for retail purposes (ie. One piece, aluminum with replacement blades, or wooden hockey sticks)

## **PENALTIES**

Any player that receives three (3) penalties in a game will be ejected.

NOTE: Four (4) minute minors for stick infractions will only be counted as one infraction towards game ejection.

## **HANDSHAKES**

Teams will shake hands before each game.

## **STANDINGS & SOCIAL MEDIA**

Scores/Standings will be available at [www.ggts.ca](http://www.ggts.ca) and [www.ontarioballhockeyfederation.ca](http://www.ontarioballhockeyfederation.ca)

Paper result boards and scores will be available at headquarters.

## **EVENT MERCHANDISE**

Will **NOT** be available at this event.

## **DEFAULTS**

\*Any team defaulting a game will have all of its registered players suspended from OBHF and CBHA tournaments for one year.

\*A default will automatically disqualify the team from the event.

\*In an instance where a team defaults a game, all games against that team will be recorded as a 7-0 victory for the non-offending team.

## **PROTESTS/APPEALS PROCESS**

The OBHF is the governing body of recreational and competitive men's, minors and women's ball hockey in the Province of Ontario and aligns with the Canadian Ball Hockey Association (CBHA) best practices.

The appeal application form **must be submitted no later than 60 (sixty) minutes** after the completion of the game in question. That time will be determined by the electronic game sheet time stamp.

The non-refundable application fee is \$100 for a written/reviewed appeal with no hearing and a decision to be rendered via email.

There is a fee of \$200 for an in-person or teleconference hearing (cash, e-transfer or credit card) and must be received with the Application Form. This fee will cover costs associated with the review panel (administrative fees, compensation for their time, fuel, etc) and will **NOT** be refunded, regardless of the decision.

The one exception is that there will be no appeal fee if it is found that there was a misapplication of the rules in question. The Federation will review the incident and apply the correct rule associated with the infraction with cost to the player/team in question.

The forms can be found online at <https://ontarioballhockeyfederation.ca/appeal-process/>

## **TOURNAMENT CONTACTS**

Tournament Director

Gina MacLean

Referee-in-Chief

Phil Willard – [phil@ontarioballhockeyfederation.ca](mailto:phil@ontarioballhockeyfederation.ca)

OBHF Men's VP

Richard Rocha – [richard@ontarioballhockeyfederation.ca](mailto:richard@ontarioballhockeyfederation.ca)

**Fair play and sportsmanship are encouraged for all of the competing teams.**

**Good luck to all of the teams in the  
2025 OBHF Men's Winter Provincial Championships.**



# ONTARIO BALL HOCKEY FEDERATION

## 2025 OBHF Men's Winter Provincial Championships

### Format

#### **MEN'S "B" DIVISION**

Four (4) teams.

Teams will play a round robin.

All teams advance to semi-finals.

Winners of semi-finals advance to finals.

#### **MEN'S "C" DIVISION**

Three pools (A, B, C) of three teams each.

Teams will play round robin within pool.

Following round robin, teams will be ranked 1-9.

Teams ranked 8<sup>th</sup> and 9<sup>th</sup> overall will play an Elimination Game.

Winner of Elimination Game will advance to Quarter-Finals with ranked 1-7 teams.

Winners of Quarters Finals will advance to Semi-Finals.

Winners of semi-finals advance to finals.

#### **MEN'S "D" DIVISION**

One pool of four teams (A) and two pools (B and C) of three (3) teams each.

Pool A will play a round robin.

Pools B and C will play within their pool and one crossover game.

The three (3) pool winners and 4<sup>th</sup> place overall teams will advance to semi-finals.

Winners of semi-finals advance to finals.

#### **MEN'S REC DIVISION**

Two pools (Pools A and B) of four (4) teams each.

Each pool will play a round robin.

Top two teams from each pool will advance to semi-finals.

Winners of semi-finals advance to finals.



# **ONTARIO BALL HOCKEY FEDERATION**

## **2025 OBHF Men's Winter Provincial Championships**

### **Arena Information**

**HARMAN PARK ARENA (Headquarters)**

**829 Douglas Street**

**Oshawa, ON L1H 3Z7**

**DELPARK HOMES CENTRE**

**1661 Harmony Road North**

**Oshawa, ON L1H 7K5**





# **ONTARIO BALL HOCKEY FEDERATION**

## **2025 OBHF Men's Winter Provincial Championships**

### **Hotel Information**

[https://secure.htgsports.com/registration.nsf/BTSRP\\_EventAccess?OpenForm&eventid=7412376F094CA30785258BF8005E58C4&pvw=0&lang=en](https://secure.htgsports.com/registration.nsf/BTSRP_EventAccess?OpenForm&eventid=7412376F094CA30785258BF8005E58C4&pvw=0&lang=en)

**Fair play and sportsmanship are encouraged for all of the competing teams.**

**Good luck to all of the teams in the 2025 OBHF Men's Winter Provincial Championships.**

**Please be advised that it is illegal to consume alcoholic beverages and smoking is prohibited in any municipal building including hockey arenas and/or arena parking lot.**

**If an individual or team is caught consuming alcohol, smoking or barbequing in a municipal building (arena) or arena parking lot, he/they will be disqualified from this tournament without an appeal.**

**There is ZERO tolerance.**

**Please respect your surroundings.**

**We thank you for your cooperation.**





# ONTARIO BALL HOCKEY FEDERATION

## 2025 OBHF Men's Winter Provincial Championships Team Roster Form

<b>B</b>	<b>C</b>	<b>D</b>	<b>REC</b> (circle one)
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TEAM NAME:
LEAGUE:
*LEAGUE COORDINATOR: (print)
*LEAGUE COORDINATOR: (sign)

*League Coordinator must approve roster by printing and signing before it is handed into the OBHF.*

NAME	CLUB TEAM	PLAYER LEVEL (B,C,D,REC)
1.(Goalie)		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.(Goalie)		
BENCH STAFF	PHONE NUMBER	EMAIL
Head Coach:		
Assistant:		
Assistant:		
Assistant:		
Manager:		

**Once team rosters are handed in, they are FINAL!  
Deadline to be in the OBHF OFFICE – Friday, May 16, 2025 at Midnight!!**



# 2025 OBHF Men's Winter Provincial Championships

## Team Pickup Form (for non all-star teams only)

<b>NAME OF TEAM:</b>
<b>LEVEL/DIVISION:</b>
<b>LEAGUE:</b>
<b>*LEAGUE COORDINATOR: (print)</b>
<b>*LEAGUE COORDINATOR: (sign)</b>

**\*League Coordinator must approve pickups before it is handed into the OBHF**

PLAYER NAME	TEAM REGISTERED WITH
1.	
2.	
3.	

**This area is reserved only for a goalie who played in your division.  
It CANNOT be used as a 4<sup>th</sup> player.**

GOALIE NAME	TEAM REGISTERED WITH
1.	

**\*Pickups must come from the same division and same league your team plays in.**

**\*Players who play both player and goalie may only be a pickup as either a player or a goalie. The player cannot play both positions in the tournament.**

**Once Team Pick Up Forms are handed in, they are final!**

**Team Pick Up Forms must be submitted to Lino at**

**[lino@ontarioballhockeyfederation.ca](mailto:lino@ontarioballhockeyfederation.ca)**

**by May 16, 2025**